



CLACTON TYPE 2 DIABETES SUPPORT GROUP

Come along and join our friendly group

Come and meet with others, share experiences and learn more about living with diabetes.

This is open to anyone living with diabetes in Clacton and the surrounding area and their family and friends. No need to book, just come along.

Last Wednesday of each month

West Mersea Town Council Offices, Melrose Road, West Mersea 2 – 3.30pm

Fourth Wednesday of each month

Walton Community Forum, 61 High Street, Walton on the Naze CO14 8BD 10.30am

Last Thursday of each month

Kennedy Way Medical Centre, Clacton, 10.00 – 11.30am

Second Friday of each month – facilitated by Diabetes UK

The Robert Burr Community Pub, 183 Burrs Road, Clacton CO15 4LH 3pm

Currently at full capacity

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See the NEEDS website <https://diabetesneeds.co.uk> for more information