

## **Minutes: Colchester Patient Forum**

**Meeting:** 28<sup>th</sup> October 2015; St Johns Church Community Centre

Agenda/Minutes:

### **1 DIA-BLO Presentation – see <http://www.diabloapp.co.uk> for more info**

Steve Macklin presented the DIA-BLO smartphone App that he has been working on with the NEEDS team. The app has been tested by the NEEDS team.

This is in addition to type 2 structured education, not a replacement for type 2 structured education.

The initial view of the meeting is that the app is only of use to younger people with type 2 diabetes. Of the 8 people at the meeting, only 2 had smart phones.

*A/P Steve Turner to ask NEEDS team for a breakdown of Type 2 diabetes in North East Essex by age range.*

*A/P Steve Turner to ask NEEDS team what unstructured education will be provided for people without smart phones or Internet access.*

Steve Macklin stated that users can share their results with the NEEDS team.

*A/P Steve Turner to ask NEEDS team who will have access to the data and how it will be used.*

### **2 NEEDS KPI**

Steve Turner stepped through the key items on the recent (October) KPI results for NEEDS. As a result of this the following actions were captured:

*A/P With regards the 3b KPI “Patient empowerment change from baseline to 6 weeks post XPERT education” Steve Turner asked to clarify why XPERT as some patients were only offered DESMOND.*

*A/P Steve Turner to ask if NEEDS audits of patients undertaking NEEDS led education, whether if a link had been identified between education and reductions in HbA1c?*

### **3 Insulin Pump Funding**

Steve Turner provided an update on the current situation for Insulin Pump funding.

An audit of insulin pump and consumable provision has forecast a potential overspend of £500k over the 5 year period of the NEEDS contract. The reasons for this forecast overspend are complicated but NEEDS have stated this is primarily down to incomplete data from the CCG during the bidding stage. Since NEEDS had taken over the service, a significant number pump users have been

identified that were not part of the original patient list. Also a significant number of pumps (20+) are over 4 years old and should be replaced according to current NEEDS policy.

NEEDS are going back to CCG to review funding again. There could be a further £140k overspend reduction by including VAT adjustment.

The options to resolve this funding issue are:

- 1 Not meet NICE guidelines for pump provision, e.g. withdraw support for insulin pumps, or restrict provision
- 2 NEEDS hand back insulin pump provision and management to CCG
- 3 CCG cover forecast overspend

NEEDS are to issue a letter to CCG regarding insulin pump funding as part of a contract meeting planned for 28<sup>th</sup> October.

Steve Turner to keep the patient forum informed of changes on insulin pump provision and widen the audience should the Insulin Pump service be threatened.

*NB: Since the meeting, the CCG have agreed additional funds for the pumps. Steve Turner expects the plan to be confirmed at the next Insulin Pump meeting he is attending on 2<sup>nd</sup> December.*

#### **4 Sharps Bins Disposal**

Steve Turner informed the forum that there are issues with disposal of sharps bins. The responsibility for disposal of sharps bins has moved from the NHS to local government.

Currently the only pharmacy accepting sharps bins is Tesco at Highwoods.

The risk is that when local government finally takes responsibility, they may charge for disposal of clinical waste such as sharps bins.

Steve Turner said that the CCG and NEEDS are asking ECC what their plans are.

Some people in the meeting suggested that if a charge is introduced, they may revert to placing sharps in plastic drinks bottles and disposing in the plastic recycling waste bags.

#### **5 AOB**

##### **a. Health In Mind**

Steve Turner shared some literature provided by Dr Rebecca Clodfelter, the Long Term Conditions Lead Psychologist regarding the Health in Mind service. People with a long term physical health condition can refer themselves if they are feeling "Low... Sad... Anxious... Worried... "

The service provides:

- Psycho-educational Workshops
- Computerised Cognitive Behaviour Therapy (CCBT), which can be accessed from the comfort of your own home
- Sign-posting to other community resources
- Facilitated self-help
- Self-help Information
- Individual Cognitive Behavioural Therapy (CBT)

## **6 Next Meeting**

Agreed that the next meeting will be 23<sup>rd</sup> December at St Johns Church Community Centre.